



MyCAP Curriculum Guide

Grade Level:  **9**

	Personal & Social	Career Development & Education	Academic College & Career Planning
Objectives	STUDENTS WILL: Demonstrate knowledge, understanding, and personal awareness of their individual talents, interests, hopes, dreams, and passions	STUDENTS WILL: - Demonstrate knowledge and understanding of career categories - Demonstrate critical thinking and informed decision-making skills to match their skills and abilities to particular career interests	STUDENTS WILL: - Understand graduation requirements, MassCore requirements, AP options, and early college options - Create a 4-year course plan connected to identified career interests - Understand the variety of post-secondary options - Be able to write a personal postsecondary goal and career goal
MEFA Pathway Lesson Plans	Demonstrating Awareness of Talents Developing Self-Advocacy Skills Securing a Financial Future My High School Resume	Applying Interests & Values to a Career Cluster Applying Skills to a Career Cluster Discovering the Importance of Career Fairs Getting Work Experience - Learn About Budgeting*	Making Goals & Action Plans Creating a Course Plan Exploring Options for After High School What College Factors are Important to You
Activities	- Register their account - Create a profile and build a resume - Explore hopes, dreams, strengths, and weaknesses with the <i>Possible Selves</i> unit - Write a reflection about results (journaling)	- Introduce “work-based learning” such as job shadowing, volunteer work, and community service - Upload culminating project - Attend a career fair, listen to a guest speaker, and interview an individual in a career of interest	Journal a reflection about a college fair and/or college tour



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Grade Level:  **10**

	Personal & Social	Career Development & Education	Academic College & Career Planning
Objectives	STUDENTS WILL: Understand the concept of “growth mindset” and its importance relative to future planning	STUDENTS WILL: - Develop skills to locate, evaluate, and interpret career information - Understand how to access and understand labor market information	STUDENTS WILL: - Understand graduation - Develop skills to locate, evaluate, and interpret career information - Understand how to access and understand labor market information
MEFA Pathway Lesson Plans	Growth Mindset Making Goals and Action Plans Find Satisfying and Rewarding Jobs	Writing a Resume Exploring Trending Careers Workplace Skills & Values	Connecting Courses to Post-High School Plans The Importance of College Fairs, Rep Visits & College Tours Exploring Options for After High School
Activities	Update profile details such as activities, honors, awards, employment, and community service	- Complete reflection on work-based learning experience - Upload research product (LMI and Ed requirements)	- Save a minimum of 3 postsecondary options and write journal entry reflections of each - Upload Career Pathway project

* indicates lesson plan coming soon



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Grade Level:  **11**

	Personal & Social	Career Development & Education	Academic College & Career Planning
Objectives	STUDENTS WILL: - Understand the importance of perseverance to achieve long and short-term goals - Understand the importance of resilience in facing academic and work-related challenges	STUDENTS WILL: - Complete a resume - Understand the differences between entry level, intermediate level, and advanced level job opportunities within an industry sector - Identify labor market trends in Massachusetts	STUDENTS WILL: - Understand the concepts of reach, safety, and fit regarding postsecondary options and identify personal examples of each - Understand MassTransfer and other opportunities available at MA public colleges and universities - Identify connections between LMI and programs available at MA public colleges and universities - Recognize financial aid vocabulary and know what options are available to pay for post-secondary choices
MEFA Pathway Lesson Plans	Making Goals & Action Plans Civic Participation Writing a Personal Essay - Learning About Budgeting*	Writing a Cover Letter Writing a Resume Popular Places to Work Career Backup Plans - Work-Based Learning*	Building Your College List What College Factors are Important to You Scholarship Search Learn about the Types of Aid and the EFC College Application Timeline
Activities	- Update activities - Write a journal entry or personal reflection on perseverance and resilience	- Write a journal entry about labor market trends in a personally selected industry sector - Upload Career Ladder	- Create a college list and use the <i>College Compare</i> feature - Complete the <i>Match Me</i> activity to explore colleges and add them to My Colleges list

* indicates lesson plan coming soon



MyCAP Curriculum Guide

Grade Level:  **12**

	Personal & Social	Career Development & Education	Academic College & Career Planning
Objectives	STUDENTS WILL: - Demonstrate personal responsibility - Demonstrate the ability to communicate and listen effectively in academic and work-related settings - Demonstrate self-advocacy skills	STUDENTS WILL: Demonstrate knowledge of key employability skills	STUDENTS WILL: - Demonstrate the ability to navigate and use a variety of technology tools in order to select their career and college options - Complete the application process for their post-secondary choice(s) - Demonstrate an understanding of FAFSA, have access to it, and complete it with other financial aid applications related to their individual post-secondary goals - Identify and justify their post-secondary plan and develop a financial budget to support it
MEFA Pathway Lesson Plans	Building Your Personal Brand Writing a Personal Essay Senior Year College Planning Checklist Transition to College	Learn About Interviews Career Back Up Plans Writing a Cover Letter - Work-Based Learning*	Calculating the SAI Applying Personal Criteria to the Scholarship Search Applying to College with MEFA Pathway Comparing Financial Aid Offers to Help Make a Final Decision - Learning about Budgets* Building Your College List
Activities	- Update Profile and Resume - Write a journal entry summarizing credit review	- Watch career videos on the Career Search Database and reflect on career fit using journal entries - Add Careers to the My Career List - Explore Career trends in <i>Looking Ahead</i>	- Write a journal entry describing postsecondary plans and create a financial budget to support it - Complete Senior Survey - Complete workshops relative to postsecondary choice, such as Common App, FAFSA, community college, scholarships, or job corps workshops - Request Letters of Recommendation in MEFA Pathway

* indicates lesson plan coming soon